

Bickley Primary School

Weekly menu

WEEK TWO:



Monday

Macaroni Cheese
Gluten, Milk

Sweet Potato Stir Fry with Spiced Vegetable Rice
Gluten

Freshly made Tomato & Basil Focaccia Bread
Gluten, Eggs, Milk

Glazed Carrots / Green Beans

Lemon Sponge with Custard
Gluten, Eggs, Milk

Tuesday

Jacket Potato with Mild Beef Chilli, Sour Cream/Baked Beans & Cheese
Gluten, Milk

Oriental Vegetable Stir Fry with Noodles

Wholemeal / White Bread
Gluten, Eggs, Milk

Broccoli / Roasted Butternut Squash

Carrot & Orange Cake with Custard
Gluten, Eggs, Milk

Wednesday

Roast Turkey with Gravy
Gluten

Sweet Potato, Carrots & Courgette Pakoras with Dahl & Pilau Rice
Gluten,

Freshly made Naan Style Bread
Gluten, Eggs, Milk

Spiced Roast Cauliflower / Keralan Style Peas

Ice Cream with Fresh Fruit Wedges
Milk

Thursday

Beef or Lamb Bolognese with Fusilli Pasta
Gluten, Celery

Tuscan style Tomato & Bean Pasta with Chef's Salad
Gluten, Sulphite

Freshly made Tomato & Herb Bread
Gluten, Eggs, Milk

Vegetable Medley

Marbled Sponge with Chocolate Sauce
Gluten, Eggs, Milk

Friday

Pork or Chicken Sausage Roll with Chips & Tomato Sauce
Gluten, Sulphites

Chilli Bean Wrap & Salsa with Chips
Gluten, Sulphite

Wholemeal / White Bread
Gluten, Eggs, Milk

Cajun Roast Courgettes / Sweetcorn

Oat & Raisin Cookie with Fresh Orange Wedges
Gluten, Eggs

Available daily

Please ask the catering manager for food allergen information

Mixed Salad, Jacket Potatoes, Yoghurt
12th Sep / 3rd Octo / 24th Oct / 14th Nov / 5th Dec

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.