

Bickley Primary School

Weekly menu

WEEK THREE



Monday

Tuesday

Wednesday

Thursday

Friday

Italian Style Tomato & Herb Pasta
Gluten

BBQ Chicken with Vegetable Rice & Winter Fruity Coleslaw
Gluten, Eggs, Milk, Mustard, Sulphite

Seasoned Roast Chicken with Stuffing and Gravy
Gluten

Pork or Chicken Sausages or Vegetarian Sausages with Mashed Potato
Gluten, Eggs, Milk, Sulphites

Battered Fish & Chips with Tomato Sauce
Gluten, Fish

Japanese Style Sweet Potato, Carrot & Chickpea Curry & Egg Fried Rice
Gluten, Milk, Eggs

Cheese & Chive Vegetable Pasta
Gluten, Milk

Mexican Style Vegetable Fajita with Toppings & Mexican Style Rice
Gluten, Milk

Pesto Pasta with a Mediterranean Style Salad with Olives & Croutons
Gluten

Carrot & Chickpea Falafel Pitta with Tomato Relish & Chips
Gluten, Mustard, Sulphite

Freshly made Garlic & Herb Bread
Gluten, Eggs, Milk

Freshly made Tomato Focaccia Bread
Gluten, Eggs, Milk

Freshly made Carrot & Cumin Bread
Gluten, Eggs, Milk

Freshly made Paprika & Garlic Bread
Gluten, Eggs, Milk

Wholemeal / White Bread
Gluten, Eggs, Milk

Herb roasted Butternut Squash / Peas

Broccoli / Carrots

Garlic Green Beans / Mexican Style Corn
Mustard

Thyme Roasted Carrots / Savoy Cabbage

Garlic Roast Courgette & Tomato Baked Beans

Pineapple & Orange Sponge with Custard
Gluten, Eggs, Milk

Apple & Berry Oat Bar with Custard
Gluten, Milk

Jelly with Fresh Fruit Wedges

Chocolate Sponge with Chocolate Sauce
Gluten, Eggs, Milk

Harrison Bear Lemon Shortbread with Fruit Wedges
Gluten

Available daily

Please ask the catering manager for food allergen information

Mixed Salad, Jacket Potatoes, Yoghurt
19th Sep / 10th Oct / 31st Oct / 21st Nov / 12th Dec

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.