Bickley Primary E-safety checklist for parents

Checklist	Why?	Y/N
I have asked my child to show me sites they use.	By doing so, your child is including you in their online life and social activity. Show an interest and take note of the names of their favourite sites. You can then re-visit these when you are alone. Take your time and explore the space, find out how to set the safety features and learn how to report any issues directly to the site.	
I have asked my child to set their profile settings to private.	Social networking sites such as Facebook, are used by children to share information, photos and just about everything they do! Encourage your child to set their privacy settings to private. They need to think about the information they post online as it could be copied and pasted anywhere without their permission. If it got into the wrong hands, somebody may wish to use it against them or worst of all try to locate the in the real world.	
I have set appropriate parental controls on my child's computer, mobile and games console.	Filters on computers and mobiles can prevent your child from viewing inappropriate and possibly illegal content. You can activate and change levels depending on your child's age and abilities. You can also set time restrictions for using the internet or games. They can be free and easy to install. Explain to your child why you are setting parental controls when you talk to them about internet use.\n\n*There is more information and guides on how to set up parental controls on the school website.*	
My child has agreed to tell me if they are worried about something online.	Sometimes children get into situations online where they don't feel comfortable or see something they don't want to see. By opening up the communications channel and talking to your child about the internet, their favourite sites and the risks they may encounter, they are more likely to turn to you if they are concerned about something.	
I know where to get help if I'm concerned about my child.	There are a number of places you can go if you are concerned that your child is unsafe online. Please refer to our school website or contact the website directly if appropriate. Other reporting channels include CEOP or your service provider.	

Adapted from www.ceop.police.uk/safety-centre